## **Amendments to the Claims**:

The following listing of claims will replace all prior versions, and listings, of claims in the application:

1.	(Currently Amended) Ice spike for mountaineering, having a metal armature
designed to b	e fitted under the sole of a shoe, said armature comprising:
	- a a bearing surface having a plurality of anchoring teeth along the
periphery,	
	- a front part equipped with stop means for securing to wedge the front
of the shoe, s	hoe in the longitudinal direction,
	- a a rear part provided with a fixing clamp comprising a cross-bar
designed to la	atch directly onto a rear rim of the sole to secure the heel of the shoe,
	means a longitudinal connecting strip between the front part and the
rear part for a	djusting the armature in length according to the shoe size, and
	and a strapping system associated to tightening means to secure the
armature to tl	ne sole of the shoe, wherein:
	the front part of the armature comprises stop means to wedge the front
of the shoe in	the longitudinal direction,
	and the a strapping system comprises comprising at least one safety
lanyard fixed	to the fixing clamp of the rear part pressing the cross-bar onto said rim when
clamping is <del>-p</del>	erformed. performed,
	wherein the stop means comprises two protuberances salient at the front of the
bearing surface	ce, said protuberances being shaped as ring-holders for passage of a lanyard.
2.	(Original) Ice spike according to claim 1, wherein the fixing clamp of the rear

-2-

part is achieved by means of a steel wire folded into a U shape, that is mounted with pivoting

in a pair of holes arranged transversely in the rear part of the armature under the plane of the bearing surface.

- 3. (Original) Ice spike according to claim 1, wherein the cross-bar of the fixing clamp is joined to the lateral branches by two loops for passage of the lanyard.
- 4. (Original) Ice spike according to claim 3, wherein each lateral branch of the fixing clamp is inclined with respect to the cross-bar making an obtuse angle.
  - 5-7. (Canceled)